

Brief Bio for Rebecca Crichton – 2012



Rebecca grew up in Roslyn, Long Island, New York, a suburb of New York City. Her family, originally from Akron, Ohio, settled in Roslyn after WWII when her father took a job with the William Morris Agency. He was a TV agent in the early days of television, representing stars like Danny Thomas and Paul Winchell. Rebecca was among the audience in the Peanut Gallery for the famous Howdy Doody Show.

Rebecca owes her love of food and cooking knowledge to her grandmothers and parents. Both grandmothers were excellent cooks in the Jewish traditions of Eastern Europe. When Rebecca's family moved to New York in the late 1940's, American women were just beginning to be interested in entertaining, striving for the image of the 'Perfect Family' depicted on TV.

Both Rebecca's parents were interested in foods different from what they had grown up with. Whether it was Cantonese Chinese food in Chinatown or Italian food in the Little Italy, they were always on the lookout for new flavors and new preparations.

When Rebecca showed a desire to start cooking at home, her family tolerated her heavy hand with garlic powder and experiments with freezing honey – it doesn't freeze! Over the years, she played sous chef to her parents for the elaborate dinner parties they gave.

Rebecca has been a caterer, a recipe developer, a food writer and now food blogger. Her enduring interest in food has finally found an outlet with her class at LLC. She and her Fall class experimented with herbs and spices, and sampled and discussed a variety of different ingredients.

Rebecca retired in 2011 from her 21-year career at Boeing as a writer, curriculum designer and facilitator about Leadership Development and Diversity. Since retiring she has kept busy with volunteering for a variety of organizations and pursuing her newest creative passion, fused glass.