



LIFETIME LEARNING CENTER

Daytime Courses for Adults

Fall Quarter 2010

September 27-November 18

A Resource for Learning, Teaching, Friendship

520 Northeast Ravenna Blvd.

Seattle, WA 98115

(206)-524-3778

Website: www.lifetimelearningseattle.org

E-mail: llc_2000@hotmail.com

Roger Neale
Director

Edla Deppman
Office Manager

**The Lifetime Learning Center
520 Northeast Ravenna Boulevard
Seattle, WA 98115**

Open to the Public—Bring a Friend

“Sharpen your mind and make friends with shared interests.”

Open House Thursday, Sept. 23, 11:00-1:00

Classes Begin: Monday, Sept. 27

Classes End: Thursday, Nov. 18

Lunch Presentations: Tuesday Nov. 2, 12-1:00

REGISTRATION

Lifetime Learning Center, a nonprofit, educational organization, offers classes and social events for older adults. Our courses provide the joy of learning and challenging the mind without the problem of exams or grades. Classes meet weekly.

Fees: To enroll, students pay a \$15 registration fee each quarter plus a course fee of \$30 per class. Some classes require additional lab, book or materials fees. There is no registration fee for Queen Anne classes.

Enrollment: Classes fill on a first-come, first-served basis. Registrations are valid only when accompanied by payment. No class confirmations are sent. Students are notified by phone if a class is filled or cancelled.

Three Ways To Enroll:

1. Complete the registration form at the back of this brochure, or print a copy of the registration form from our website, enclose fees, and mail to:
Lifetime Learning Center
520 Northeast Ravenna Blvd.
Seattle, WA 98115
2. Register at www.lifetimelearning.org and pay online via Paypal.
3. Call (206) 524-3778 to be sure we are in, drop by and register in person.

FACULTY

Maid Adams, M.Ed., Educational Psych.
Ellen Andersen, Fine Arts
Bruce Bigley, Ph.D., Literature
Jeanne Bryan, B.A., Music Education
Theodore Deacon, DMA, Music
Don Christensen, History Instructor
Marty Falsberg
Nancy Ferrell, MS, Computer Coach
Tom Flener, Tai Chi Instructor
Vel Gerth, B.A., Writing Instructor
Vilma Illanes, Spanish Instructor
Barbara Kurtz, Yoga Instructor
Craig Lutz, Cribbage Enthusiast
Marianne LoGerfo, MA, Teaching
Les McKim, Ph.D., Literature
Barbara Miller, Music Instructor
Austin O'Regan, English Instructor
Betty Puckett, B.Ed. M.A
Otto Reinert, Ph.D., Literature
Stacy Schulze, Yarn Artist
Michael Shurgot, Ph.D., Literature
Bobbie Simone, Ph.D., Literature
LeeAnn Starovasnik, S.A., Feldenkrais
Ted Sztatrowski, Bridge Instructor
Bill Taylor, MA, Political Science
Morry Tolmach, Ph.D., Psychology

Many thanks to these talented people who donate their time and expertise.

They make Lifetime Learning Center a fantastic experience for our students!

2010-2011 Academic Year

Fall: Sept. 27-Nov. 18
Winter: Jan. 3-Feb. 24
Spring: March 28-May 19



Monday

September 26-November 15

From George Washington to Andrew Jackson: 1770-1827 **9:30-10:45**
Les McKim Room 106

This class will build on the previous Adams/Jefferson class, but with these differences:

- a. The documentaries are not dramatizations.
 - b. The time for the recordings will be shorter, 30 minutes.
 - c. Time period covered is pre-Revolutionary War through second term of Jackson's presidency.
 - d. Class will present information about many more people of the period.
- Course notebook cost is \$8.00.

Cribbage **10:00-11:00**
Craig Lutz Lounge

Have you ever wondered how cribbage is played? Here's your chance to learn and play. Cribbage is a unique card game that uses a scoring system of points that are constantly generated during the game. Using a normal deck of cards, the scoring is done on a cribbage board and involves earning points both by playing your own hand and also off of your opponents. Come take this opportunity to learn a challenging and unique card game.

Yoga **10:30-11:30**
Barbara Kurtz Gym

Experience the energizing and calming effects of yoga. Basic yoga postures will be introduced. For fit students. Beginners welcome. Bring a sticky mat and a blanket to class. First class is October 4.

Goethe's Faust **11:00-12:15**
Bruce Bigley Room 108

Goethe worked on the writing of *Faust* from 1770, when he was 21, until his death in 1832 at 82. The resulting work, a verse drama, meant to be read, is arguably the most important work in his career, in German literature generally, and in European literature between the 17th and the 20th Century. Some would say the 21st. What's all the fuss about? We will see as we read Part 1, published in 1808, when Goethe was nearly 60, and as much as we can of Part 2, published after his death in 1832. Goethe reworks the old Renaissance story of a scholar who sold his soul to the devil into a modern tale of a man of insatiable appetite, who strikes a bargain with the devil, and who wins --- or who at least does not lose. I strongly recommend the David Luke translation, available at the office, though any complete translation will do.

Goethe's Faust in Opera and Art Song
Theodore Deacon and Barbara Miller
Room 106 **1:00-2:30**

Goethe's dramatic poem *Faust* has inspired musical treatments in many forms by composers of many nationalities. Explore with us some of these: operas by Gounod and Boito, vocal scenes with orchestra by Berlioz and Schumann, Mahler's Symphony #8 ("The Symphony of a Thousand"), and intimate settings for piano and solo voice by such composers as Schubert, Wagner, Verdi, and Glinka, among others. These works can be appreciated whether or not you have read

Monday

September 26-November 15

Goethe's poem, but to deepen your *Faust* experience, take Bruce Bigley's *Faust* class at 11 on Mondays, then stay for this one.

Hamlet: Text, Performance, Scholarship

Michael Shurgot, Morry Tolmach **1:00-2:30**

Room 108

An intense investigation into what G.B. Harrison once called "The most interesting play ever written." The class will include scholarly and psychoanalytical investigation into *Hamlet* both as a literary text and performance script, with particular attention to its Elizabethan performances at the Globe Theater. Class will include guest lectures by Morry Tolmach. Any text of the complete play will suffice.

Crochet

1:30-3:00

Stacy Schulze

Lounge

For beginners or refreshers. All you need is a hook and some yarn, and you can learn the skills to make clothes, household items and decorations. For learning and practice, bring some yarn and at least one hook of the right size for the yarn. You are also invited to bring any patterns or crochet books that interest you.

Spanish 101
Vilma Illanes**9:30-10:45**
Room 108

A fun, no-stress introduction to Spanish. A great way to keep the mind exercised without being overwhelmed. Text: *Learn Spanish the Fast and Fun Way* (Barrows 3rd edition).

The Also Rans: Prominent Losers Of Presidential Elections 1900-1948Don Christensen Room 106 **9:30-10:45**

This class will examine the lives and accomplishments of important individuals who tried and failed to achieve the office of President of the United States. Author I.F. Stone in his book *They Also Ran* suggests that studying the defeated candidates "provides a high power and amusing lens with which to judge the standards of their times, the qualities of their victorious opponents and the political wisdom of the electorate." It also offers an opportunity to play the "what if" game--what would have been the immediate and long-range effects if the election results had been reversed? Join historian Don Christensen in what is sure to be a fascinating exploration.

Feldenkrais: Awareness Through MovementLeeAnn Starovasnik Gym **11:00-12:00**

Whether you want to improve your walking, your recovery time, or your quality of life now and years from now, come and discover this fun and easy movement method that improves your physical movements, your sense of balance, and overall well-being. Engaging your brain and your body in new ways each week, you will learn to move a little easier, more comfortably, and maybe even more playfully like when you were younger. Lessons are customized to your needs and curiosity and seek to improve comfort in any work, play or hobby activities. The teacher is a Guild Certified Feldenkrais

Practitioner CM and has been teaching Senior classes and private lessons for more than ten years. Wear WARM, comfortable clothing and bring a thick blanket or mat to lie on.

Writing Your Life Story

Class Facilitators

10:00-12:00

Room 107

Listening to each other helps us get those stories written! In-depth written critique is offered. Short in-class writing assignments are given as time allows. Facilitated by several class members.

Modern Misfits

Otto Reinert

11:00-12:00

Room 108

We'll be reading three works about unaccommodated aliens: two of Nabokov's novels, *Pnin* and *Pale Fire*, and Tom Stoppard's play, *Rosencrantz and Guildenstern are Dead*. There is more to these works than their common theme (originality, for one thing), but they share a mood, an experience, and a habit of thought that many observers of our culture see as part of our contemporary spiritual malaise.

Quilt Making Basics and Support Group

Betty Puckett

Lounge

12:30 - 2:00

Quilters can learn and share the creative skill of crafting beautiful quilts. Class members select their own projects. Students should have basic knowledge of basic hand/machine sewing.

Molière's The Bourgeois Gentleman

Les McKim

Room 108

1:00-2:30

This course will provide background information on the great era of Louis XIV and of the classical theater in France. Participants will assume roles and read orally from the play. I will conduct the class mostly in French. Selected poems by Ronsard and fables by la

Fontaine will be included to help strengthen students' command of French.
Text: dual language book available at the office.

Romanticism **1:00-2:00**
Austin O'Regan Room 107

As Romanticism represents a revolution, an overthrow of the rigors of new-classicism, we will spend some time on the contrast between the Eighteenth and Nineteenth Centuries. Then we can proceed to the Big Five: Wordsworth, "Green to the very door;" Coleridge, "Blue, glossy green, and velvet black, they coiled and swam...no tongue their beauty might declare;" and Keats, Shelley, and Byron.

The Romantic mood is free, emotional, and heavily devoted to untamed nature. Some observers claim that our own sixties hint at what the romantics were like. We will rummage around for texts as needed.

Lunch Presentation

Tuesday, November 2
12:00 Noon

Bill Taylor, popular LLC instructor, returns to assess the prospects for peace between the Israelis and Palestinians. What are the obstacles to peace? Are there hopeful signs? What would peace look like?

Join us in Room 106 to hear Bill's views and ask questions about this critical issue.

Bus Routes to the John Marshall School

#48 comes from Ballard/Loyal Heights east on 85th to Ravenna Blvd. In the other direction, the #48 comes from the Mt. Baker neighborhood up 23rd to the Montlake Bridge and through the U-District to John Marshall. The 48 will drop you off at LLC's doorstep.

#64 comes from downtown and First Hill to the Park and Ride at Ravenna and 65th, a short walk from the school. Continues east on 65th St. to 35th and turns north to 125th through Wedgewood to 125th and the Lake City area.

#66 travels from downtown to the U-district via 12th Ave. Transfer at 65th St. to one of several buses travelling a short distance west to Ravenna Blvd. The #16 comes from downtown.

Also check #242 and #316 if these are good connections for you.

The *Iliad* of Homer 9:30-10:45
Bobbie Simone Room 108

Experience this story, which has gripped listeners and readers for 2,700 years, as it was meant to be experienced: by hearing it aloud. If you've read it before, you are still welcome: everyone should read or hear the *Iliad* every five years or so, especially in a different translation. This time it is by Robert Fagles, and it will be available from the instructor for \$17.00. During Fall quarter we will do Books 1-8, and we will continue to the end in the next two quarters with the same book.

Bridge 10:00-11:30
Ted Szatrowski Room 106

This class is for bridge players who have some bridge knowledge and wish to polish their skills by learning new bidding conventions as well as learning to play defense. We play bridge for fun, and downplay the competitive aspects. You will make new friends, improve your memory, and have a wonderful time.

Current Events 10:45-12:15
Marty Falsberg Room 107

A wide-ranging discussion group, touching on such diverse topics as headlines from the world at large, national topics such as the capabilities and accomplishments of our intellectually challenged leaders in Washington DC, Olympia, and Seattle. We also touch on topics suggested by the group members.

Ancient Greece: Agamemnon to Alexander
Marianne LoGerfo Room 108 11:00-12:20

Watch as Troy falls and the lights go out all over at the end of the Bronze Age. Be there at the birth of democracy and the death of Socrates. Meet Spartans and Athenians, poets and philosophers, women and children, warriors

and slaves. Enjoy the history of the political, social, intellectual and artistic life of Ancient Greece through images, lectures, readings and discussion. And ponder the enormous influence of this ancient society on our own lives and culture.

Film: Gems from the 30s 1:00-3:00
Bobbie Simone Room 106

All Quiet on the Western Front, with Lew Ayres; *City Lights*, with Charlie Chaplin; *Mutiny on the Bounty*, with Charles Laughton, Clark Gable and Franchot Tone; *Dodsworth*, with Walter Huston and Mary Astor; *The Awful Truth*, with Cary Grant, Irene Dunne, and Ralph Bellamy; *You Can't Take It With You*, with Jimmy Stewart, Jean Arthur, Spring Byington, and Lionel Barrymore; *Mr. Deeds Goes to Washington*, with Jean Arthur, Jimmy Stewart, and Claude Rains; *Ninotchka*, with Greta Garbo, Melvin Douglas, and Bela Lugosi. Discussion follows the film.

Louise Erdrich's *Love Medicine* 1:00-2:30
Michael Shurgot Room 107

A critical study of Louise Erdrich's brilliant, unforgettable novel that won the National Book Critics Circle Award for Fiction in 1984. Erdrich weaves into a tapestry of myth, loss, and recovery the lives of her fascinating and tragic characters set among the Chippewa Indians of northern Wisconsin. Toni Morrison said of this novel: "The beauty of *Love Medicine* saves us from being completely devastated by its power," and The New York Times Book Review wrote that *Love Medicine* is "finally about the enduring verities of loving and surviving." Jonathan Yardley of The Washington Post said that *Love Medicine* is "the work of a tough, loving mind." New York: Bantam Books, 1989. ISBN: 0-553-34423-4.

Computer Workshops: Technology Trends

Incredibly Useful Sites: The Top 50 for both PC and Apple

Nancy Ferrell **October 20** 12:00-2:30

The Web continues to flourish with a never-ending stream of incredibly useful new sites and services. We'll surf our way through 50+ sites addressing productivity, communication, managing media, shopping, dining and travel.

No computer needed—this is a demonstration class, and you'll be viewing the sites on a big screen. You'll receive an annotated handout of all the sites to take home.

Top 50 Free Apps & Services for PCs

Nancy Ferrell **October 27** 12:00-2:30

Are you really still paying for software? We'll review applications found online as powerful, if not more so, than the name-brand packages you've been paying big bucks for. Every one of the products in this list that is classified as a Windows product is compatible with XP up to Windows 7, unless otherwise noted.

No computer needed—this is a demonstration class, and you'll be viewing the sites on a big screen. You'll receive an annotated handout of all the sites to take home.

Intro to iPad

Nancy Ferrell **November 3** 12:00-3:15

Bring your iPad to class and we'll cover all the basics plus extras and useful apps. Tips and tricks for getting the most out of your iPad. If you are thinking of getting an iPad and just want to find out what they can and can't do, join in on this class and you'll have a chance to try one out.

The LLC Memorial Scholarship Fund

There is a scholarship fund to help pay the class fees for students unable to enroll in courses due to financial hardship. Our goal is to allow anyone desiring to take LLC classes to do so, whatever their financial condition. Those interested will be able to discuss scholarship applications with Edla at the LLC office.

Do you know someone who would like to take classes but can't afford the fees? Or someone who would like to take more classes than they do? Encourage these learners to talk to us.

Piano-Keyboarding 10:00-12:00
Jeanne Bryan Room 106

For students with basic knowledge of names and locations of those ivories and some note-reading. By term end, students can play familiar tunes. Piano book \$16. New students must contact instructor before joining the class. Class limited to 5.

Creative Writing 9:30-11:30
Vel Gerth Room 107

Enjoy spontaneous writing. Exercises spark the morning to increase the use of your unique language.

Note: class is limited to the first fifteen students who register. This class fills quickly.

Sherman Alexie: *The Toughest Indian in the World* 10:00-11:30
Michael Shurgot Room 108

A study of nine poignant and unforgettable short stories by Seattle's own Sherman Alexie, recent winner of the Pen/Hemingway Award for Fiction. Alexie's work has received praise for his mixture of tragedy, humor, and irony as he chronicles the fates of modern Indians in 21st Century America. Writing of this collection, the Los Angeles Times Book Review observed "The genius of Alexie's writing is his ability to wrap language and image around the root of [his] anger and pain, by recognizing it as the human need for love. Optimism, in fact, is Alexie's strong suit, the American beauty that seduces all his heroes." New York: Grove Press, 2000. ISBN: 0-8021-3800-4.

Watercolor: Beginner and Beyond
Ellen Andersen Room 106 12:30-2:50

The demonstrations and instruction will mostly apply to transparent watercolor, but can be used with acrylic or gouache on paper. Supply list

available. For Fall Quarter Ellen will give extra instruction on colors: mixing them, and the interesting mysteries about where and how the different pigments were discovered or invented.

Tai Chi 12:00-1:00
Tom Flener Gym

Tai Chi Chuan is a Chinese martial art based on the principles of softness and relaxation overcoming hardness and tension. In these sessions we will study the Chan Ssu Gong or "Silk Reeling Exercise," using the principles of softness and relaxation, to build a foundation for our forms and to bring these principles into our daily lives.

Book Discussion Group 1:00-2:20
Staff Room 108

The group meets weekly, or sometimes every other week when a "big" book is up for discussion. We read contemporary fiction, and sometimes nonfiction and classics. When possible, we choose books from the Seattle Public Library's book group list, so we don't have to purchase all the books we read. First book for Fall Quarter is Nabokov's *Pale Fire*.

Poetry Mosaic 1:00-2:30
Elhri Larsen, Facilitator Room 107

We each bring one or two poems we like—to read aloud to share.

Poems by American and international writers, contemporary mostly, who speak to our love of language and our human experience, with insight and often humor.

New Instructors at LLC

Don Christensen has been teaching at local colleges and senior programs for many years. His career includes public and college administration as well as consulting for non-profits. He has been intrigued by the men who were almost our presidents. There are sure to be some “what if” discussions in Don’s class.

Vilma Illanes is a native of Bolivia who taught a basic Spanish class during our summer session. Students enjoyed Vilma so much we invited her to teach the class during the regular quarter. She has a pleasant, low-stress manner that makes everyone comfortable (that’s important: I always found language classes stressful). You’ll also learn something about the culture of Bolivia in her class.

Austin O’Regan brings a long experience of teaching college literature and humanities classes and an Irish wit to the Learning Center. He’ll give a broad introduction to the Romantic Period of English literature this fall.

Barbara Kurtz returns to LLC after an absence of several years to teach yoga. Her former students will be delighted to know that she is resuming teaching. Welcome back, Barbara.

Holiday Faire

Yes, we will have a Holiday Faire at the end of the Fall Quarter, date not yet determined. This Saturday event is built around our book sale and silent auction, and is a fun fundraiser for the Center. Want to join the planning committee? Let us know.

The LLC Board of Directors

Chris Davidson, President
Marianne LoGerfo, Vice President
Max Schreiner, Treasurer
Susan Quattrociocchi, Secretary

Roberta Bennett
Burke Dykes
Barbara Knight
Kay Parker
Dave Parker
Michael Shurgot

You may know these board members as students and teachers, but in their board roles they have given their time and effort to helping plan for the future of the Lifetime Learning Center. Their role was absolutely critical in evaluating sites for our new home, and in preparing the building for our arrival. If you like our new home, and I know many of you do, I invite you to say thank you to them for work they put into our arrival at John Marshall in April. They are a great and dedicated group!

LLC REGISTRATION FORM

Fall Quarter 2010

Sept. 27-Nov. 18

Name _____ New student Yes No

Address _____ How did you learn about LLC? _____

City _____ Zip _____ Phone _____ E-mail _____

Date _____

Class

MONDAY

	Fee	Fee
<input type="radio"/> Cribbage _____	\$30	_____
<input type="radio"/> Presidents _____	\$30	_____
<input type="radio"/> Yoga _____	\$30	_____
<input type="radio"/> Goethe _____	\$30	_____
<input type="radio"/> Opera and Art Song _____	\$35	_____
<input type="radio"/> Crochet _____	\$30	_____
<input type="radio"/> Hamlet _____	\$30	_____

TUESDAY

<input type="radio"/> Also Rans _____	\$35	_____
<input type="radio"/> Spanish _____	\$30	_____
<input type="radio"/> Life Story _____	\$30	_____
<input type="radio"/> Misfits _____	\$30	_____
<input type="radio"/> Feldenkrais _____	\$30	_____
<input type="radio"/> Quilting _____	\$30	_____
<input type="radio"/> Moliere _____	\$35	_____
<input type="radio"/> Romanticism _____	\$30	_____

Sub-total (column 1) \$ _____

Class

WEDNESDAY

	Fee	Fee
<input type="radio"/> Iliad _____	\$30	_____
<input type="radio"/> Current Events _____	\$30	_____
<input type="radio"/> Greece _____	\$30	_____
<input type="radio"/> Bridge _____	\$30	_____
<input type="radio"/> Films _____	\$30	_____
<input type="radio"/> Erdrich _____	\$30	_____
<input type="radio"/> Tech: Useful Sites _____	\$25	_____
<input type="radio"/> Tech: Free Apps _____	\$25	_____
<input type="radio"/> Tech: iPad _____	\$25	_____

THURSDAY

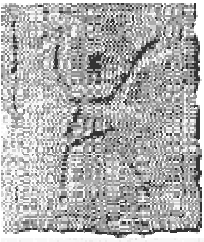
<input type="radio"/> Piano-Keyboarding _____	\$30	_____
<input type="radio"/> Alexie _____	\$30	_____
<input type="radio"/> Creative Writing _____	\$30	_____
<input type="radio"/> Watercolor _____	\$30	_____
<input type="radio"/> Reading Poems _____	\$30	_____
<input type="radio"/> Lifetime Book Group _____	\$30	_____
<input type="radio"/> Tai Chi _____	\$30	_____

Sub-total (column 2) \$ _____
Total (column 1 and 2) \$ _____

Registration Fee	\$ <u>15.00</u>
Fee Total	\$ _____
Donations (We appreciate your generosity)	\$ _____
Total	\$ _____

Mail to: Lifetime Learning Center
 520 Northeast Ravenna Blvd.
 Seattle, WA 98115

You may also register and pay online at: www.lifetimelearningseattle.org



LIFETIME LEARNING CENTER

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Seattle, WA 98115

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Class Schedule Fall Quarter 2010

Visit us!

